



Real people.

I learned it's not too late to get the flu shot.

"I'm 74 and have a granddaughter who wants me to see her graduate college next Spring. My heart disease means the flu could be even worse for me than others. So, I kept trying until I got my shot. My doctor said even January isn't too late to get vaccinated."

An average of 36,000 people die each year from the flu—most are 65 years of age or older.

- If you are at high risk, get your flu shot now. Call your state or local health department for locations near you.
- Flu season often peaks in February. Get your flu shot as soon as possible. A flu shot in January may still help you avoid the flu.
- A flu shot is your best protection against the flu.

Real solutions.

It's not too late – get your flu shot now.

Visit www.cdc.gov/flu/

Call 800-CDC-INFO; TTY: 800-243-7889

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